



CONWAY PRIMARY SCHOOL

Infection Control Policy

Approved by: Keith Robertson – School Business Manager **Date:** 30th January 2023

Last reviewed on: January 2024

Next review due by: January 2027

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Statement of intent

Infections can easily spread in a school due to:

- Pupils' immature immune systems
- The close-contact nature of the environment
- Some pupils having not yet received full vaccinations
- Pupils' poor understanding of good hygiene practices

Infections commonly spread in the following ways:

- **Respiratory spread** – contact with coughs or other secretions from an infected person
- **Direct contact spread** – direct contact with the infecting organism, e.g., skin-on-skin contact during sports
- **Gastrointestinal spread** – contact with contaminated food or water, or contact with infected faeces or unwashed hands
- **Blood borne virus spread** – contact with infected blood or bodily fluids, e.g., via bites or used needles

We actively prevent the spread of infection via the following measures:

- Maintaining high standards of personal hygiene and practice
- Maintaining a clean environment
- Routine immunisations with the support of Oxleas NHS Trust
- Taking appropriate action when infection occurs

This policy aims to help school staff prevent and manage infections in school. It is not intended to be used as a tool for diagnosing disease, but rather a series of procedures informing staff what steps to take to prevent infection and what actions to take when infection occurs.

1. Legal framework

- 1.1. This policy has due regard to legislation including, but not limited to, the following:
 - Control of Substances Hazardous to Health Regulations 2002 (as amended 2004)
 - Health and Safety at Work etc. Act 1974
 - The Management of Health and Safety at Work Regulations 1999
 - The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013
 - The Health Protection (Notification) Regulations 2010
- 1.2. This policy has due regard to statutory guidance including, but not limited to, the following
 - Public Health England (2019) 'Health protection in schools and other childcare facilities'
 - DfE (2015) 'Supporting pupils at school with medical conditions'
- 1.3. This policy operates in conjunction with the following school policies and documents which are all available on the school website:
 - Health and Safety Policy
 - First Aid Policy
 - Covid-19 Contingency Plan

Preventative measures

2. Ensuring a clean environment

Sanitary facilities

- 2.1. Wall-mounted soap dispensers are used in all toilets – bar soap is never used.
- 2.2. Hand Sanitizer is available in all classes/offices.
- 2.3. Toilet paper is always available in cubicles.
- 2.4. Suitable sanitary disposal facilities are provided where necessary.

Continence aid facilities

- 2.5. Pupils who use continence aids, e.g., continence pads and catheters are encouraged to be as independent as possible. Pads are changed in a designated area with adequate handwashing facilities, and disposable powder-free latex gloves and a disposable plastic apron are worn.

Cleaning

- 2.6. Cleaning staff are employed via JS Rutherford to carry out rigorous cleaning of the premises. Cleaning equipment is maintained to a high standard and is colour coded according to area of use. The SBM is responsible for monitoring cleaning standards and discussing any issues that may arise with cleaning staff and Head teacher.

Toys and equipment

- 2.7. Toys and equipment are cleaned on a daily basis utilizing Milton Spray. Toys that are “soft”, such as modelling clay and ‘Play-doh’, are discarded whenever they look dirty.
- 2.8. Sandpits are covered when not in use and the sand is changed on a regular basis: four weeks for indoor sandpits and, for outdoor sandpits, as soon as the sand becomes discoloured or malodorous. Sand is sieved or raked on a weekly basis.
- 2.9. Water play troughs are emptied, washed with detergent and hot water, dried and stored upside-down when not in use for long periods. When in use, the water is replenished, at a minimum, on a daily basis, and the trough remains covered overnight.

Handwashing

- 2.10. All staff and pupils are advised to wash their hands after using the toilet, before eating or handling food, children are asked to wash hands after play times also.
- 2.11. All staff and pupils are advised to wash their hands after using the toilet, before eating or handling food, and after touching animals.

Blood and other bodily fluids

- 2.12. Cuts and abrasions are covered with waterproof dressings.
- 2.13. When coughing or sneezing, all staff and pupils are encouraged to cover their nose and mouth with a disposable tissue and dispose of the tissue after use within the Grey Bins with Lids available in all classes, and to wash their hands afterwards.
- 2.14. Personal protective equipment (PPE) are worn where there is a risk of contamination with blood or bodily fluids during an activity. Gloves are disposable, non-powdered vinyl or latex and CE (Conformité Européene) marked. If there is a risk of splashing to the face, goggles are worn.
- 2.15. Spillages of blood, faeces, saliva, vomit, nasal and eye discharges are cleaned up immediately. They are cleaned using a mixture of detergent and disinfectant. Paper towels or cloths are used, always wearing PPE, and they are disposed of after use. The school spillage kit is stored in the premises managers office.

Bites

- 2.16. If a bite does not break the skin, the affected area is cleaned with soap and water or a medical wipe.
- 2.17. If a bite breaks the skin, the affected area is cleaned with soap and running water, the incident is recorded in the pupil first-aid accident log and medical advice is sought immediately.

3. Pupil immunisation

- 3.1. The school keeps up-to-date with national and local immunisation scheduling and advice via www.nhs.uk/conditions/vaccinations/.
- 3.2. Whilst the school encourages parents to have their children immunised, parental consent will always be sought before a vaccination is given.
- 3.3. A healthcare team will visit the school in order to carry out vaccinations and will be able to advise parents if there are any concerns.
- 3.4. A risk assessment will be provided by the healthcare team before any flu vaccinations take place.
- 3.5. All eligible pupils will be offered nasal flu vaccinations annually.
- 3.6. Regular communication is maintained after pupils return to lessons, as some side effects can take several hours to develop.
- 3.7. The school will ensure that the venue used (often the upper hall) is a clean, open, well-ventilated room, where pupils can access water and fresh air.
- 3.8. Needles are kept away from pupils before and after the vaccine is administered.
- 3.9. Some vaccinations (very rare) may involve an exclusion period in which pupils are not required to attend school. The administering healthcare team will provide advice in such cases.

4. Contact with pets and animals

- 4.1. Visits to farms are strictly controlled by the risk assessments provided by the venue and a full risk assessment completed by the lead teacher and approved by the leadership team 2 weeks prior to the trip.
- 4.2. Visits to zoos are strictly controlled by the risk assessments provided by the venue and a full risk assessment completed by the lead teacher and approved by the leadership team 2 weeks prior to the trip

5. Water-based activities

Swimming lessons

- 5.1. General swimming lessons are governed by the control measures outlined in the Swimming Risk Assessment as provided by the Waterside Pool and completed by the school's lead teacher.
- 5.2. Pupils who have experienced vomiting or diarrhoea in the 48 hours preceding a swimming trip are not permitted to attend public swimming pools.

Other activities

- 5.3. Children and staff cover all cuts, scratches and abrasions with waterproof dressings before taking part, and hands are washed immediately after the activity. No food or drink is to be consumed until hands have been washed.

In the event of infection

6. Preventing the spread of infection

- 6.1. Parents will not bring their child to school in the following circumstances:

- The child shows signs of being poorly and needing one-to-one care
- The child has untreated conjunctivitis
- The child has a high temperature/fever
- The child has untreated head lice
- The child has been vomiting and/or had diarrhoea within the last 48 hours
- The child has an infection and the [minimum recommended exclusion period](#) has not yet passed

7. Vulnerable pupils/staff

- 7.1. Pupils and staff with impaired immune defence mechanisms (known as immune-compromised) are more likely to acquire infections. In addition, the effect of an infection is likely to be more significant for such pupils and staff. These pupils and staff may have a disease that compromises their immune system or be undergoing treatment, such as but not limited to chemotherapy, that has a similar effect.
- 7.2. If a vulnerable child is thought to have been exposed to an infectious disease, the child's parents will be informed and encouraged to seek medical advice from their doctor or specialist.
- 7.3. If a vulnerable member of staff is thought to have been exposed to an infectious disease, they will be informed and encouraged to seek medical advice from their doctor or specialist.

8. Procedures for unwell pupils/staff

- 8.1. Staff are required to know the warning signs of pupils becoming unwell including, but not limited to, the following:
 - Not being themselves Not having a snack
 - Not eating at lunchtimes
 - Wanting more attention/sleep than usual
 - Displaying physical signs of being unwell, e.g., watery eyes, a flushed face or clammy skin
 - In relation to Covid-19: Dry cough, anosmia, high temperature
- 8.2. Where a staff member identifies a pupil as unwell, the pupil is taken to the school office or First Aid Area where their temperature will be taken by a qualified first aider and the pupil's parents will be informed of the situation.
- 8.3. Where the classroom first aider is unavailable, staff will find another qualified first aider to assist:
 - Attempt to cool the pupil down if they are too hot, by opening a window and suggesting that the pupil removes their top layers of clothing.
 - Provide the pupil with a drink of water.
 - Move the pupil to a quieter area of the classroom or school. Ensure there is a staff member available to comfort the pupil. Summon emergency medical help if required.
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- 8.4. Pupils and staff displaying any of the signs of becoming unwell outlined in [8.1](#) will be sent home, and we will recommend that they see a doctor.
- 8.5. If a pupil is identified with sickness and diarrhoea, the pupil's parents will be contacted immediately and the child will be sent home, and may only return after 48 hours have passed without symptoms.
- 8.6. If a staff member is suffering from vomiting and diarrhoea, they will be sent home and may not return until 48 hours have passed without symptoms.
- 8.7. If the school is unable to contact a pupil's parents in any situation, the pupil's alternative emergency contacts will be contacted.

Contaminated clothing

- 8.8. If the clothing of the first-aider or a pupil becomes contaminated, the clothing is removed as soon as possible and placed in a plastic bag. The pupil's clothing is sent home with the pupil, and parents are advised of the best way to launder the clothing.
- 8.9. If a staff members clothes become contaminated where possible these can be cleaned within school utilising the washing machines in either the school kitchen or Nursery Class. If the staff member does not elect the above their clothing will be stored in a plastic bag.

9. Exclusion

- 9.1. Pupils suffering from infectious diseases will be medically excluded from school on medical grounds for the [minimum recommended period](#).
- 9.2. Pupils can be formally medically excluded on medical grounds by the headteacher or school business manager.
- 9.3. If parents insist on their child returning to school when the child still poses a risk to others, the school with the support of the Local Authorities Health Protection Team may serve notice on the child's parents to require them to keep the child away from school until the child no longer poses a risk of infection.
- 9.4. If a pupil is exposed to an infectious disease, but is not confirmed to be infected, this is not normally a valid reason for exclusion; however, the local health protection team (HPT) may be contacted to advise on a case-by-case basis.

10. Medication

- 10.1. Where a pupil has been prescribed medication by a doctor, dentist, nurse or pharmacist, the first dose will be given at home, in case the pupil has an adverse reaction.
- 10.2. The pupil will only be allowed to return to school after the first dose of medication, to allow it time to take effect.

11. Outbreaks of infectious diseases

- 11.1. An incident is classed as an 'outbreak' where:

Two or more people experiencing a similar illness are linked in time or place.

A greater than expected rate of infection is present compared with the usual background rate, e.g.:

- Two or more pupils in the same classroom are suffering from vomiting and diarrhoea.
- A greater number of pupils than usual are diagnosed with scarlet fever.
- There are two or more cases of measles at the school.

- 11.2. Suspected outbreaks of any of the diseases listed on the [List of Notifiable Diseases](#) will always be reported.
- 11.3. As soon as an outbreak is suspected (even if it cannot be confirmed), the school business manager after alerting the Headteacher will contact the HPT to discuss the situation and agree if any actions are needed.
- 11.4. The School Business Manager will provide the following information:
- The number of staff and children affected
 - The symptoms present
 - The date(s) the symptoms first appeared
 - The number of classes affected
- 11.5. If the school business manager is unsure whether suspected cases of infectious diseases constitute an outbreak, they will contact the HPT.
- 11.6. The HPT will provide the school with draft letters and factsheets to distribute to parents.
- 11.7. The HPT will always treat outbreaks in the strictest confidence; therefore, information provided to parents during an outbreak will never include names and other personal details.
- 11.8. If a member of staff suspects the presence of an infectious disease in the school, they will contact the Assistant Head teacher and/or the School Business Manager.
- 11.9. If a parent informs the school that their child carries an infectious disease, other pupils will be observed for similar symptoms by their teachers and other school staff
- 11.10. If a pupil is identified as having a notifiable disease, as outlined in [the guide to Infection Absence Periods](#), the school will inform the parents, who should inform their child's GP. It is a statutory requirement for doctors to then notify their local Public Health England centre.
- 11.11. During an outbreak, enhanced cleaning protocols will be undertaken, following advice provided by the school's Health and Safety SLA provider. The SBM will liaise with the cleaning team and Premises Manager to ensure these take place.

12. Pregnant staff members

- 12.1. Pregnant staff members will be informed by the Headteacher immediately when any outbreak is suspected.
- 12.2. If a pregnant staff member develops a rash, or is in direct contact with someone who has a potentially contagious rash, we will strongly encourage her to speak to her doctor or midwife.

- 12.3. **Chickenpox:** If a pregnant staff member has not already had chickenpox or shingles, becoming infected can affect the pregnancy. If a pregnant staff member believes they have been exposed to chickenpox or shingles and have not had either infection previously, she will speak to her midwife or GP as soon as possible. If a pregnant staff member is unsure whether they are immune, we encourage them to take a blood test.
- 12.4. **Measles:** If a pregnant staff member is exposed to measles, she will inform her midwife immediately. All female staff under the age of 25, who work with young children, are asked to provide evidence of two doses of MMR vaccine or a positive history of measles.
- 12.5. **Rubella (German measles):** If a pregnant staff member is exposed to rubella, she will inform her midwife immediately. All female staff under the age of 25, who work with young children, are asked to provide evidence of two doses of MMR vaccine or a positive history of Rubella.
- 12.6. **Slapped cheek disease (Parvovirus B19):** If a pregnant staff member is exposed to slapped cheek disease, she will inform her midwife promptly.

13. Staff handling food

- 13.1. Food handling staff suffering from transmittable diseases will be excluded from all food handling activity until advised by the local Environmental Health Officer that they are clear to return to work. Both food handling staff and midday assistants are not permitted to attend work if they are suffering from diarrhoea and/or vomiting. They are not permitted to return to work until 48 hours have passed since diarrhoea and/or vomiting occurred, or until advised by the local environmental health officer that they are allowed to return to work.
- 13.2. The school will notify the local Environmental Health Department as soon as we are notified that a staff member engaged in the handling of food has become aware that they are suffering from, or likely to be carrying, an infection that may cause food poisoning.
- 13.3. Food handlers are required by law to inform the school if they are suffering from any of the following:
- Typhoid fever
Paratyphoid fever
 - Other salmonella infections
Dysentery
 - Shigellosis
 - Diarrhoea (where the cause of which has not been established) Infective jaundice
 - Staphylococcal infections likely to cause food poisoning like impetigo, septic skin lesions, exposed infected wounds, boils
 - E. coli VTEC infection
- 13.4. 'Formal' exclusions will be issued where necessary, but employees are expected to provide self-certificate for first seven days

14. Managing specific infectious diseases

- 14.1. When an infectious disease occurs in the school, we will follow the appropriate procedures set out in the [Managing Specific Infectious Diseases](#) appendix.

15. Monitoring and review

- 15.1. All members of staff are required to familiarise themselves with this policy as part of their induction programme.
- 15.2. The School Business Manager will review this policy on an annual basis and will make any changes necessary, taking into account the current effectiveness of infection control and prevention.

1. Additional hygiene and cleaning measures

- 1.1. The frequency of cleaning will increase, particularly for surfaces in classrooms, within toilet blocks, additional daily cleaning throughout the day will be carried out by the school's premises manager and may be supported by the business team – this will include:
 - Routine cleaning of touch points with disinfectant
 - Handrails/Bannisters
 - All Door handles and Door push points including fire doors
 - Toilet Stall Doors
 - Light Switches
- 1.2. All staff and pupils will be:
 - Told to frequently wash their hands with soap and water for 20 seconds.
 - Encouraged not to touch their faces.
 - Told to use a tissue or their elbow to catch coughs or sneezes and use the Grey bins for tissue waste.
 - Hand Sanitiser will be available in all rooms and topped up daily by the premises manager.
- 1.3. Pupils who have difficulty washing their hands will be supported by a member of staff.
- 1.4. **[EYFS]** Staff will ensure thorough handwashing before and after supporting children who need help with nappy changing, going to the toilet, or eating.
- 1.5. **[EYFS]** Sharing food, drink, utensils, equipment, and soft toys will be avoided as much as possible. Equipment, toys and surfaces will be cleaned and disinfected more frequently than usual.
- 1.6. Other Equipment, including keyboards, printers, tables, chairs, computers will be sprayed down with Nilbac High Contact Spray at the end of the day.

2. Preventing the further spread of infection

- 2.1. If a pupil is awaiting collection, they will be moved to a room where they can be isolated behind a closed door and receive adult supervision, if required. Where possible, a window will be opened for ventilation.
- 2.2. Where isolation is not possible, the pupil will be moved to an area which is at least two metres from anyone else.
- 2.3. If the pupil needs to use the toilet whilst waiting to go home, they will be required to use a separate bathroom. This bathroom will be cleaned and disinfected using standard cleaning products before anyone else uses it.
- 2.4. If a member of staff has helped someone who is unwell with an infectious disease and symptoms, they will not be sent home unless they develop symptoms themselves.

- 2.5. Staff must wash their hands thoroughly for 20 seconds following any contact with someone who is unwell.
- 2.6. When cleaning an area premises staff will use disposable gloves and an apron. Staff will wash their hands with soap and water for 20 seconds after all PPE has been removed. PPE will be disposed of within the Large Gry PPE Bin in the First Aid Area.
- 2.7. If there is visible contamination to an area, e.g. with bodily fluids, cleaning staff will use additional PPE to protect their eyes, mouth and nose where possible.
- 2.8. Areas where an individual has passed through and spent minimal time, e.g. corridors, but which are not visibly contaminated with bodily fluids, will be cleaned thoroughly with normal cleaning products.
- 2.9. All surfaces that a person has come into contact with will be cleaned and disinfected, including objects which are visibly contaminated and those which are potentially contaminated, e.g. door handles.
- 2.10. Disposable cloths or paper rolls and disposable mop heads will be used to clean all hard surfaces, floors, chairs, door handles and sanitary fittings, using one of the following options:
 - A combined detergent disinfectant solution at a dilution of 1,000 parts per million available chlorine
 - A household detergent followed by disinfection (1000 ppm av.cl), following the manufacturer's instructions for dilution, application and contact times
 - An alternative disinfectant which is checked to ensure it is effective against enveloped viruses
- 2.11. Cleaning staff will be asked to:
 - Avoid creating splashes and spray when cleaning.
 - Dispose of any cloths and mop heads used for the cleaning of potentially infected areas, by putting them into waste bags. Day to day cloths, mops etc. to be washed on high temperature in washing machine.
 - Steam clean items that cannot be cleaned using detergents, e.g. upholstered furniture.
 - Dispose of items that are heavily contaminated with body fluids and cannot be cleaned by washing.
- 2.12. Waste from possible cases and the cleaning of potentially infected areas will be put into a plastic rubbish bag which will be tied when full. The plastic bag will then be placed into a second tied bin bag, put in the outside bin area near door one.

3. Communication with parents

- 3.1. The school will inform parents about the measures being taken and request they provide support with implementation, e.g. by encouraging measures to continue at home. Our Standard suite of letter can be found at <T:\RMBusinessTeam\LETTERS OUT\ILLNESS-MEDICAL> and <T:\RMBusinessTeam\LETTERS OUT\Covid-19>

4. Pupils with SEND

- 4.1. The school will work with the Local Authority and parents to decide how best to continue supporting pupils with EHC plans whilst ensuring they stay healthy and safe.
- 4.2. Some pupils with SEND or complex needs may be unable to follow social distancing guidelines. In these circumstances, staff will increase their level of self-protection by minimising close contact (where appropriate), cleaning frequently touched surfaces, and carrying out more frequent handwashing.

5. Monitoring and review

- 5.1. The headteacher is responsible for continually monitoring PHE and DfE updates and updating this appendix in line with any changes to government guidance.
- 5.2. Any changes to this appendix will be communicated to all staff, parents and relevant stakeholders.

Managing Specific Infectious Diseases

Disease	Symptoms	Considerations	Exclusion period
Athlete's foot	Scaling or cracking of the skin, particularly between the toes, or blisters containing fluid. The infection may be itchy.	Cases are advised to see their GP for advice and treatment.	Exclusion is not necessary.
Chicken pox	Sudden onset of fever with a runny nose, cough and generalised rash. The rash then blisters and scabs over. Several blisters may develop at once, so there may be scabs in various stages of development. Some mild infections may not present symptoms.	Cases are advised to consult their GP.	<p>Chickenpox is infectious from 48 hours prior to a rash appearing up to five days after the onset of a rash.</p> <p>Cases will be excluded from school for five days from the onset of a rash.</p> <p>It is not necessary for all the spots to have healed before the case returns to school.</p>
Cold sores	The first signs of cold sores are tingling, burning or itching in the affected area. Around 24 hours after the first signs appear the area will redden and swell, resulting in a fluid-filled blister. After blistering, they break down to form ulcers then dry up and crust over.	Cases are advised not to touch the cold sore, or to break or pick the blisters. Sufferers of cold sores should avoid kissing people and should not share items such as cups, towels and facecloths.	Exclusion is not necessary.
Conjunctivitis	The eye(s) become reddened and swollen, and there may be a yellow or green discharge. Eyes may feel itchy and 'gritty'.	Cases are encouraged to seek advice, wash their hands frequently and not to rub their eyes.	Exclusion is not necessary.

Disease	Symptoms	Considerations	Exclusion period
		The HPT will be contacted if an outbreak occurs.	
Coronavirus See Covid-19 Contingency Plan	A new, headache, continuous cough and a high temperature are the main symptoms of coronavirus.	Cases will be required to test – a positive test will be sent home	Cases will be required to self-isolate at home for 5 days from the date of first symptoms. A negative test will be required before a return to work.
Food poisoning	Symptoms normally appear within one to two days of contaminated food being consumed, although they may start at any point between a few hours and several weeks later. The main symptoms are likely to be nausea, vomiting, diarrhoea, stomach cramps and fever.	Cases will be sent home. The HPT will be contacted where two or more cases with similar symptoms are reported. The cause of a food poisoning outbreak will always be investigated.	Cases will be excluded until 48 hours have passed since symptoms were present. For some infections, longer exclusion periods may be required. The HPT will advise in such cases.
Giardia	Symptoms include abdominal pain, bloating, fatigue and pale, loose stools.	Cases will be sent home. The HPT will be contacted where two or more cases with similar symptoms are reported.	Cases will be excluded until 48 hours have passed since symptoms were present.

Disease	Symptoms	Considerations	Exclusion period
Salmonella	Symptoms include diarrhoea, headache, fever and, in some cases, vomiting.	Cases will be sent home. The HPT will be contacted where two or more cases with similar symptoms are reported.	Cases will be excluded until 48 hours have passed since symptoms were present.
Typhoid and paratyphoid fever	Symptoms include tiredness, fever and constipation. The symptoms of paratyphoid fever include fever, diarrhoea and vomiting.	All cases will be immediately reported to the HPT.	Cases will be excluded whilst symptomatic and for 48 hours after symptoms have resolved. Environmental health officers or the HPT may advise the school to issue a lengthened exclusion period.
E. coli (verocytotoxigenic or VTEC)	Symptoms vary but include diarrhoea, abdominal cramps, headaches and bloody diarrhoea.	Cases will immediately be sent home and advised to speak to their GP.	Cases will be excluded whilst symptomatic and for 48 hours after symptoms have resolved. Where the sufferer poses an increased risk, for example, food handlers, they will be excluded until a negative stool sample has been confirmed. The HPT will be consulted in all cases.

Disease	Symptoms	Considerations	Exclusion period
Gastroenteritis	Symptoms include three or more liquid or semi-liquid stools in a 24-hour period.	The HPT will be contacted where there are more cases than usual.	<p>Cases will be excluded until 48 hours have passed since symptoms were present.</p> <p>If medication is prescribed, the full course must be completed and there must be no further symptoms displayed for 48 hours following completion of the course before the cases may return to school.</p> <p>Cases will be excluded from swimming for two weeks following their last episode of diarrhoea.</p>
Bacillary dysentery (Shigella)	Symptoms include bloody diarrhoea, vomiting, abdominal pain and fever. It lasts four to seven days on average, but potentially several weeks.	The school will contact the HPT.	Microbiological clearance is required for some types of shigella. The HPT will advise.
Campylobacter	Symptoms include diarrhoea, headache, fever and, in some cases, vomiting.		Cases will be excluded until 48 hours have passed since symptoms were present.
Cryptosporidiosis	Symptoms include abdominal pain, diarrhoea and occasional vomiting.		Cases will be excluded until 48 hours have passed since symptoms were present.
Glandular fever	Symptoms include severe tiredness, aching muscles, sore throat, fever, swollen glands and occasionally jaundice.	The sufferer may feel unwell for several months and the school will provide reasonable adjustments where necessary.	Exclusion is not necessary, and cases can return to school as soon as they feel well.

Disease	Symptoms	Considerations	Exclusion period
Hand, foot and mouth disease	Symptoms include a fever, reduced appetite and generally feeling unwell. One or two days later, a rash with blisters will develop on cheeks, hands and feet. Not all cases will have symptoms.		Exclusion is not necessary, and cases can return to school as soon as they feel well.
Head lice	Other than the detection of live lice or nits, there are no immediate symptoms until two to three weeks after infection, where itching and scratching of the scalp occurs.	<p>Treatment is only necessary when live lice are seen.</p> <p>Staff are not permitted to inspect any pupil's hair for head lice.</p> <p>If a staff member incidentally notices head lice in a pupil's hair, they will inform the pupil's parents and advise them to treat their child's hair.</p> <p>When a pupil has been identified as having a case of head lice, a letter will be sent home to all parents notifying them that a case of head lice has been reported and asking all parents to check their children's hair.</p>	Exclusion is not necessary.
Hepatitis A	Symptoms include abdominal pain, loss of appetite, nausea, fever and tiredness, followed by jaundice, dark urine and pale faeces.	The illness in children usually lasts one to two weeks, but can last longer and be more severe in adults.	Cases are excluded while unwell and for seven days after the onset of jaundice (or the onset of symptoms if no jaundice presents), the case is under five years of age or where hygiene is poor.

Disease	Symptoms	Considerations	Exclusion period
			There is no need to exclude older children with good hygiene.
Hepatitis B	Symptoms include general tiredness, nausea, vomiting, loss of appetite, fever and dark urine, and older cases may develop jaundice.	<p>The HPT will be contacted where advice is required.</p> <p>The procedures for dealing with blood and other bodily fluids will always be followed.</p> <p>The accident book will always be completed with details of injuries or adverse events related to cases.</p>	<p>Acute cases will be too ill to attend school and their doctor will advise when they are fit to return.</p> <p>Chronic cases will not be excluded or have their activities restricted.</p> <p>Staff with chronic hepatitis B infections will not be excluded.</p>
Hepatitis C	Symptoms are often vague but may include loss of appetite, fatigue, nausea and abdominal pain. Less commonly, jaundice may occur.	<p>The procedures for dealing with blood and other bodily fluids will always be followed.</p> <p>The accident book will always be completed with details of injuries or adverse events related to cases.</p>	Cases will not be excluded or have their activities restricted.
Impetigo	Symptoms include lesions on the face, flexures and limbs.	<p>Towels, facecloths and eating utensils will not be shared by pupils.</p> <p>Toys and play equipment will be cleaned thoroughly.</p>	Cases will be excluded until lesions have healed and crusted or 48 hours after commencing antibiotic treatment.

Disease	Symptoms	Considerations	Exclusion period
Influenza	Symptoms include headache, fever, cough, sore throat, aching muscles and joints, and tiredness.	<p>Those in risk groups will be encouraged to have the influenza vaccine.</p> <p>Anyone with flu-like symptoms will stay home until they have recovered.</p> <p>Pupils under 16 will not be given aspirin.</p>	Cases will remain home until they have fully recovered.
Measles	Symptoms include a runny nose, cough, conjunctivitis, high fever and small white spots around the cheeks. Around the third day, a rash of flat red or brown blotches may appear on the face then spread around the body.	<p>All pupils are encouraged to have MMR immunisations in line with the national schedule.</p> <p>Staff members should be up-to-date with their MMR vaccinations.</p> <p>Pregnant staff members and those with weak immune systems will be encouraged to contact their GP immediately for advice if they come into contact with measles.</p>	Cases are excluded for four days after the onset of a rash.
Meningitis	Symptoms include fever, severe headaches, photophobia, stiff neck, non-blanching rash, vomiting and drowsiness.	Meningitis is a notifiable disease.	Once a case has received any necessary treatment, they can return to school.
Meningococcal meningitis and meningitis septicaemia	Symptoms include fever, severe headaches, photophobia, stiff neck and a non-blanching rash.	<p>Medical advice will be sought immediately.</p> <p>The confidentiality of the case will always be respected.</p>	When the case has been treated and recovered, they can return to school.

Disease	Symptoms	Considerations	Exclusion period
		<p>The HPT and school health advisor will be notified of a case of meningococcal disease in the school. The HPT will conduct a risk assessment and organise antibiotics for household and close contacts.</p> <p>The HPT will be notified if two cases of meningococcal disease occur in the school within four weeks.</p>	<p>Exclusion is not necessary for household or close contacts unless they have symptoms suggestive of meningococcal infection.</p>
Meningitis (viral)	<p>Symptoms include headache, fever, gastrointestinal or upper respiratory tract involvement and, in some cases, a rash.</p>	<p>The case will be encouraged to consult their GP.</p> <p>If more than once case occurs, the HPT will be consulted.</p>	<p>No exclusion is required.</p>
Meticillin resistant staphylococcus aureus (MRSA)	<p>Symptoms are rare but include skin infections and boils.</p>	<p>All infected wounds will be covered.</p>	<p>No exclusion is required.</p>
Mumps	<p>Symptoms include a raised temperature and general malaise. Then, stiffness or pain in the jaws and neck is common. Following this, the glands in the cheeks and under the jaw swell up and cause pain (this can be on one or both sides). Mumps may also cause swelling of the testicles.</p>	<p>The case will be encouraged to consult their GP.</p> <p>Parents are encouraged to immunise their children against mumps.</p>	<p>Cases can return to school five days after the onset of swelling if they feel able to do so.</p>

Disease	Symptoms	Considerations	Exclusion period
Ringworm	Symptoms vary depending on the area of the body affected.	Pupils with ringworm of the feet will wear socks and trainers at all times and cover their feet during physical education.	No exclusion is usually necessary. For infections of the skin and scalp, cases can return to school once they have received treatment.
Rotavirus	Symptoms include severe diarrhoea, stomach cramps, vomiting, dehydration and mild fever.	Cases will be sent home if unwell and encouraged to speak to their GP.	Cases will be excluded until 48 hours have passed since symptoms were present.
Rubella (German Measles)	Symptoms are usually mild, with a rash being the first indication. There may also be mild catarrh, headaches or vomiting. There may be a slight fever and some tenderness in the neck, armpits or groin, and there may be joint pains.	MMR vaccines are promoted to all pupils.	Cases will be excluded for six days from the appearance of the rash.
Scabies	Symptoms include tiny pimples and nodules on a rash, with burrows commonly seen on the wrists, palms, elbows, genitalia and buttocks.	All household contacts and any other very close contacts should have one treatment at the same time as the second treatment of the case. The second treatment must not be missed and should be carried out one week after the first treatment.	Cases will be excluded until after the first treatment has been carried out.
Scarlet Fever	Symptoms include acute inflammation of the pharynx or tonsils, with tonsils reddening in colour and becoming partially covered with a thick, yellowish exudate. In severe cases, there may be a high fever, difficulty swallowing and tender, enlarged lymph nodes. A rash develops on the first day of	Antibiotic treatment is recommended, as a person is infectious for two to three weeks if antibiotics are not administered.	Cases are excluded for 24 hours following appropriate antibiotic treatment.

Disease	Symptoms	Considerations	Exclusion period
	fever and is red, generalised, pinhead in size and gives the skin a sandpaper-like texture, with the tongue developing a strawberry-like appearance.	If two or more cases occur, the HPT will be contacted.	
Slapped cheek syndrome, Parvovirus B19, Fifth's Disease	Where symptoms develop, they include a rose-red rash making the cheeks appear bright red.	Cases will be encouraged to visit their GP.	Exclusion is not required.
Threadworm	Symptoms include itching around the anus, particularly at night.	Cases will be encouraged to visit their GP.	Exclusion is not required.
Tuberculosis (TB)	Symptoms include cough, loss of appetite, weight loss, fever, sweating (particularly at night), breathlessness and pains in the chest. TB in parts of the body other than the lungs may produce a painful lump or swelling.	Advice will be sought from the HPT before taking any action, and regarding exclusion periods.	Cases with infectious TB can return to school after two weeks of treatment if well enough to do so, and as long as they have responded to anti-TB therapy. Cases with non-pulmonary TB, and cases with pulmonary TB who have effectively completed two weeks of treatment as confirmed by TB nurses, will not be excluded.
Whooping cough (pertussis)	Symptoms include a heavy cold with a persistent cough. The cough generally worsens and develops the characteristic 'whoop'. Coughing spasms may be worse at night and may be associated with vomiting.	Cases will be advised to see their GP. Parents are advised to have their children immunised against whooping cough.	Cases will not return to school until they have had 48 hours of appropriate treatment with antibiotics and feel well enough to do so, or 21 days from the onset of illness if no antibiotic treatment is given.

Disease	Symptoms	Considerations	Exclusion period
			<p>Cases will be allowed to return in the above circumstances, even if they are still coughing.</p>

Infection Absence Periods

This table details the minimum required period for staff and pupils to stay away from school following an infection, as recommended by Public Health England.

*Identifies a notifiable disease. It is a statutory requirement that doctors report these diseases to their local Public Health England centre.

Infection	Recommended minimum period to stay away from school	Comments
Athlete's foot	None	Treatment is recommended; however, this is not a serious condition.
Chicken pox	Until all vesicles have crusted over	Follow procedures for vulnerable children and pregnant staff.
Cold sores	None	Avoid contact with the sores.
Conjunctivitis	None	If an outbreak occurs, consult the HPT.
[New] Coronavirus	Until fully recovered and no other member of the same household is presenting symptoms (7 days if living alone, 14 days if living with others)	If coronavirus is suspected, consult the local HPT.
Diarrhoea and/or vomiting	Whilst symptomatic and 48 hours from the last episode	GPs should be contacted if diarrhoea or vomiting occur after taking part in water-based activities.
Diphtheria*	Exclusion is essential.	Family contacts must be excluded until cleared by the HPT and the HPT must always be consulted.

Infection	Recommended minimum period to stay away from school	Comments
Flu (influenza)	Until recovered	Report outbreaks to the HPT.
Glandular fever	None	
Hand foot and mouth	None	Contact the HPT if a large number of children are affected. Exclusion may be considered in some circumstances.
Head lice	None	Treatment recommended only when live lice seen.
Hepatitis A*	Seven days after onset of jaundice or other symptoms	If it is an outbreak, the HPT will advise on control measures.
Hepatitis B*, C* and HIV	None	Not infectious through casual contact. Procedures for bodily fluid spills must be followed.
Impetigo	48 hours after commencing antibiotic treatment, or when lesions are crusted and healed	Antibiotic treatment is recommended to speed healing and reduce the infectious period.
Measles*	Four days from onset of rash	Preventable by vaccination (MMR). Follow procedures for vulnerable children and pregnant staff.
Meningococcal meningitis*/ septicaemia*	Until recovered	Meningitis ACWY and B are preventable by vaccination.

Infection	Recommended minimum period to stay away from school	Comments
		The HPT will advise on any action needed.
Meningitis* due to other bacteria	Until recovered	Hib and pneumococcal meningitis are preventable by vaccination. The HPT will advise on any action needed.
Meningitis viral*	None	As this is a milder form of meningitis, there is no reason to exclude those who have been in close contact with infected persons.
MRSA	None	Good hygiene, in particular environmental cleaning and handwashing is important to minimise the spread. The local HPT should be consulted.
Mumps*	Five days after onset of swelling	Preventable by vaccination with two doses of MMR.
Ringworm	Exclusion is not usually required	Treatment is required.
Rubella (German measles)	Four days from onset of rash	Preventable by two doses of immunisation (MMR). Follow procedures for pregnant staff.
Scarlet fever	24 hours after commencing antibiotic treatment	Antibiotic treatment is recommended, as a person is infectious for two to three weeks if antibiotics are not administered. If two or more cases occur, the HPT should be contacted.
Scabies	Can return to school after first treatment	The infected person's household and those who have been in close contact will also require treatment.
Slapped cheek/Fifth disease/Parvo Virus B19	None (once rash has developed)	Follow procedures for vulnerable children and pregnant staff.

Infection	Recommended minimum period to stay away from school	Comments
Threadworms	None	Treatment recommended for the infected person and household contacts.
Tonsillitis	None	There are many causes, but most causes are virus-based and do not require antibiotics.
Tuberculosis (TB)	Pupils with infectious TB can return to school after two weeks of treatment if well enough to do so, and as long as they have responded to anti-TB therapy.	Only pulmonary (lung) TB is infectious. It requires prolonged close contact to spread. Cases with non-pulmonary TB, and cases with pulmonary TB who have effectively completed two weeks of treatment as confirmed by TB nurses, should not be excluded. Consult the local HPT before disseminating information to staff and parents.
Warts and verrucae	None	Verrucae should be covered in swimming pools, gymnasiums and changing rooms.
Whooping cough (pertussis)*	Two days from commencing antibiotic treatment, or 21 days from the onset of illness if no antibiotic treatment is given	Preventable by vaccination. Non-infectious coughing can continue for many weeks after treatment. The HPT will organise any necessary contact tracing.

Diarrhoea and Vomiting Outbreak Action Checklist – More than 2 Cases within 1 Class

Date:	
Completed by:	

Action	Action taken?		Comments
	Yes	No	
A 48-hour exclusion rule has been enforced.			
Liquid soap and paper hand towels are available.			
Enhanced cleaning is undertaken twice daily, and an appropriate disinfectant is used.			
Appropriate personal protective equipment (PPE) is available.			
Appropriate waste disposal systems are available for removing infectious waste.			
Toys are cleaned and disinfected on a daily basis.			
Infected linen is segregated, and dissolvable laundry bags are used where possible.			
Visitors are restricted, and essential visitors are informed of the outbreak.			
New children joining the school are delayed from joining.			
The health protection team (HPT) has been informed of any infected food handlers.			
Staff work in dedicated areas and food handling is restricted.			
All staff (including agency) are asked if they are unwell.			
Staff are restricted from working elsewhere.			
The HPT is informed of any planned events at the school.			
The school nurse is informed.			
Ofsted are informed if necessary.			

List of Notifiable Diseases

Under the Health Protection (Notification) Regulations 2010, the following diseases will always be reported to the health protection team (HPT):

- Acute encephalitis
- Acute meningitis
- Acute poliomyelitis
- Acute infectious hepatitis
- Anthrax
- Botulism
- Brucellosis
- Cholera
- COVID-19
- Diphtheria
- Enteric fever (typhoid or paratyphoid fever)
- Food poisoning
- Haemolytic uraemic syndrome (HUS)
- Infectious bloody diarrhoea
- Invasive group A streptococcal disease and scarlet fever
- Legionnaires' disease
- Leprosy
- Malaria
- Measles
- Meningococcal septicaemia
- Mumps
- Plague
- Rabies
- Rubella
- SARS
- Smallpox
- Tetanus
- Tuberculosis
- Typhus
- Viral haemorrhagic fever (VHF)
- Whooping cough
- Yellow fever

