

#### Links and resources from the Webinar

# Supporting your anxious autistic children during lockdown

## Organised by Isabella Trust Tuesday 21st April 2020

### **Anxiety**

https://www.camhs-resources.co.uk/

Support for Individuals Family & Friends affected by Autism, Asperger Syndrome & ADHD. <a href="http://triplea.ie/">http://triplea.ie/</a>

https://www.sheffieldchildrens.nhs.uk/patients-and-parents/Coronavirus-resources-for-childrenand-families/

https://podcasts.apple.com/gb/podcast/the-sendcast/id1502326007?

https://www.theisabellatrust.org/courses-and-workshops/

#### **Social stories**

https://www.winstonswish.org/telling-a-child-someone-died-from-coronavirus/?

http://triplea.ie/

https://nationalautismassociation.org/covid-19-resources-for-families/

https://www.kerrysplace.org/covid-19-resources/

https://able2learn.com/products/when-people-die-social-story-pages-13.html

#### **Books**

https://booksbeyondwords.co.uk/downloads-shop

https://nosycrow.com/wp-content/uploads/2020/04/Coronavirus\_INSwith-cover.pdf

https://www.amightygirl.com/blog?

#### **Emotions and well being**

https://do2learn.com/activities/SocialSkills/index.html

https://www.mind.org.uk/information-support/for-children-and-young-people/

https://www.facebook.com/ElsaSupport/?

#### **School based activities**

https://www.lancashire.gov.uk/media/916373/send-home-learning-no3.pdf?

https://www.gov.uk/government/publications/coronavirus-covid-19-online-education-resources/coronavirus-covid-19-list-of-online-education-resources-for-home-education?

https://www.twinkl.co.uk/resource/send-school-closure-home-learning-resource-pack

https://www.gov.uk/guidance/help-children-with-send-continue-their-education-during-coronavirus-covid-19

## **Fun and games**

https://singinghands.co.uk/what-we-do/forthcoming-events/?

https://www.teacherspayteachers.com/Store/Primary-Playground-8198

https://www.marieclaire.co.uk/life/29-kids-activities-during-lockdown-691585

https://inclusiveteach.com/2020/04/16/sensory-templates-for-early-literacy/?